

OUR MENU IS ALWAYS CHANGING TO BRING YOU THE BEST VARIETY IN AMAZING CUISINE

## **Take A Bite Social Eatery**

### **How About Some Breakfast**

**TAB Breakfast** - 2 Eggs done your way, your choice of 3 slices bacon, 1 Ham, 2 Sausage (Pork or Turkey) Toast, Home fries.

**Farm Hand Breakfast** - 3 Eggs, Your choice of Two Meats, (3 bacon, 2 slices ham, 3 sausage, 2 pemeal), double the Home fries, 4 pieces of toast.

**French Toast** - 2 French toast served with your choice of 3 slices bacon, 1 Ham, 2 Sausage (Pork or Turkey), Maple syrup.

**Pancakes** - Stack of 3 Homemade pancakes served with your choice of 3 slices bacon, 1 Ham, 2 Sausage (Pork or Turkey), Maple syrup

**Chicken Little Breakfast** - 1 Egg, choice of 2 bacon, 1 Ham, 1 Sausage, "No crust" Toast, Fries or Home fries, Juice or Milk or Chocolate Milk.

**Little Tykes' Pancakes** - 3 Hockey Puck size pancakes with your choice of 1 slice bacon, 1 Ham, 1 Sausage (Pork or Turkey), Maple syrup, Fries or Home fries. Juice, Milk or Chocolate Milk

**Build Your Omlette:** 3 eggs with 3 items from the list below, Add more items  
Your Choices: Grilled peppers, Onions, Chopped Bacon, Ham or Sausage, Cheddar or Mozzarella. Feta cheese, Spinach, Green onion, Olives, Tomatoes, 3 Cheese blend, Mushrooms. Served with Home fries, Toast and coffee or tea

**Toasted Western Sandwich or Wrap** - 2 eggs fried up with grilled onions, peppers, ham and 3 cheese blend. On you choice of white or whole wheat toast or wrapped up in pita bread

## **The Food Truck You Fell In Love With And More Breakfast**

### **Build Your Own Breakfast**

Combine items below to create your breakfast:

1 Egg - prepared how you like it

2 Slices Bacon

1 Slice Ham

2 Sausages (Pork or Turkey)

2 Slices Pemeal Bacon

Home fries - Hand Cut

2 Toast - White, Whole Wheat, Rye

French toast - One slice

Pancake -One 7 inch

### **Signature Lebanese Breakfast**

Enjoy a traditional Lebanese breakfast:

Foule (Fava beans and garlic) with vegetables, Labneh (Lebanese cream cheese), Majdouleh cheese

(Homemade Arabic string cheese), Olives, mana-esh

Za'atar (Lebanese style flatbread pie with herbs, olive

oil and sesame seeds), mana-esh akkawe (Lebanese

style flatbread pie with soft Arabic white cheese) , Pita

wedges, Garlic scrambled eggs or eggs of your choice.

(when available)

You can add items from the Build Your Own Breakfast section.

### **Beverages:**

**Fresh Coffee** - 1.50,

**Tea** (Breakfast, Green Tea, Decaffeinated) - 1.75

**Hot Chocolate** topped with whipped cream - 2.00

**Pure leaf Ice Tea** – Lemon or Green Tea - 2.25

Kurieg French Vanilla or Decaf - 2.00

**Soft Drinks (591 ml)**- Pepsi, Diet Pepsi, 7UP, Diet 7UP, Root Beer, Mountain Dew, Dr.Pepper, Orange Crush. 2.25

**Juice** (591 ml) - Orange, Apple, Cranberry/Raspberry, Grapefruit Punch - 2.25

**Milk or Chocolate Milk** (237 ml) - 1.75

*Hello Everyone, if you have seen that little orange food truck in Dutton or on Talbot line over the past few years, well that was us.*

*We are **Take A Bite** and now we have a permanent home. Our new "**Social Eatery**" is now open in New Glasgow.*

*We offer the best in Mediterranean Cuisine and Low & Slow BBQ, and we have been told we have the best burgers and "Fish In Chips" around. So why not stop in and give us a try, you won't be disappointed.*



**Take A Bite Social Eatery**

Eat-in or Take-out

Mediterranean & Canadian Cuisine  
Low & Slow Real BBQ

**519-702-2483**  
(BITE)

22354 Talbot Line, New Glasgow, ON  
(Furnival Rd at Talbot Line)

Like us on Facebook at Take a Bite Food Truck 

*Open 8:30 am to 7:30 pm every day of the week. Take Out available, Delivery coming soon.*

*Sorry, we are closed Wednesday for a nap.  
Prices subject to change without notice*

## OUR MENU IS ALWAYS CHANGING TO BRING YOU THE BEST VARIETY IN AMAZING CUISINE

### Appetizers and Starters

Pita Chips & Homemade Hummus

Pita Chips & Homemade Babaghanouj

Grape Leaves - rice with mixed vegetables

Onion Rings - hand cut from the Truck

DF Pickles - Deep Fried Pickle Wedges

Mac & Cheese Bites - From the Truck

DF Mushrooms - From the Truck

DF Mixer –Hand battered and deep fried

(Pickles, Onion Rings, Mushrooms, Mac & Cheese, olives)

Wings – 1 pound Deep Fried –

(BBQ, Honey Garlic, Mild, Hot)

### Fresh Salads

“Ask your server about today's Salad”

**Garden Salad** - Small, Large

**Caesar Salad** - Small, Large

**Mediterranean Salad** - Small, Large

**Tabbouleh** - Small, Large

**Lebanese Fattoush** - Small, Large

### Hand Cut Fries

**Our Food Truck Fries-**

Small, Large, Family

**Our Food Truck Poutine-**

Small, Large, Family

**Amal's Cilantro and Feta Fries-**

Small, Large, Family

**Between The Bread** (add fries or extra meat for 3.00)

**Grilled Cheezy Sandwich** - Texas Toast grilled cheese sandwich, add extra cheese 1.25

**"M"-L-T -Our version of the BLT**, The “M” stands for Meat, your choice bacon, pemeal bacon, sausage patty, BBQ meat (when available)

**BBQ on a Bun-** Ask your server what came off the smoker and we will put it in a bun fort you, topped with homemade coleslaw and house BBQ sauce

**Homemade Burger** (add fries or extra meat for 3.00)

**Take A Bite Classic Burger-** 5 oz fresh beef, lettuce, tomato, onions, pickles, ketchup, mustard, relish.

**Double Burger Classic** - Take A bite classic burger with double the meat.

**Grilled Cheese Cheezy Burger** - 5 oz fresh beef with two grilled cheese sandwiches as the bun and comes with ketchup.

**Bacon Cheese Burger** - Our classic burger with 3 slices of smoked bacon and cheese

**Old Smokey** - Take A Bite Classic burger cooked on our smoker and topped with BBQ sauce and cheese (When available)

### Authentic Wraps

**Chicken Shawarma** - Amal's Grandmothers recipe from the mountains of Lebanon a savory chicken with lettuce, tomato, and onion, pickles, tzatziki and garlic aioli. Pickled turnip available

**Gyro** - Lamb and Beef blended with Mediterranean spices served in fresh pita bread with lettuce, tomatoes, onion, pickles, tzatziki, garlic aioli.

**The Gy-Warma-** Why not have both. Shawarma and gyro together in one ginormous wrap.

**Beef Shawarma** - (when available) Savory spiced shaved beef with lettuce, tomatoes, onion, pickles, tzatziki and garlic aioli.

**Homemade Falafel** - a blend of chick peas, leeks, potatoes, fava beans and herbs then deep fried. Served with lettuce, tomato, pickled turnip, onion, tahini sauce and garlic aioli.

**Amoula's College Choice-**Amal enjoyed this from a street vendor in Lebanon during her college years. Hand cut Fries and homemade coleslaw wrapped up in a fresh pita.

**Chicken Caesar Wrap** – Chicken breast with Cesar salad all wrapped up and ready to go.

### Big Dogs and Sausages

**7" All Beef Hotdog** - served up on corn bread bun with ketchup, mustard, relish and onions.

**Debinkenizer Mild Sausage** - Served on a corn bread bun with mustard and onions.

### Just For Kids

**Pogo Dog** - two half hot dogs dipped in our own batter and deep fried on a stick with some fries. 7.50

**Half Pups** - Half a hot dog on half a bun with half the fries.

**Little Burger Slider** -A little slider burgers (2.5oz) and some fries.

**Pogo Sticks** - One full hot dog cut into 8 pieces then battered and deep fried served with a ketchup dipper and some fries.

**No Crust Grilled Cheese** - White or Brown bread grilled cheddar cheese sandwich and some fries

**Chicken Little Strips-** chicken breast cut into strips, battered and deep fried served with some fries

### Desserts

Ask your server for today's Delicious local homemade desserts from Port Talbot Orchards in Wallacetown.

### Weekly Specials

**Tuesday is Pizza/Pasta at Take A Bite Social Eatery**

**Thursday is Lebanese Day** - Come experience the taste of Lebanon with Amal's authentic Lebanese cuisine.

**Fry Day - Fish In Chips**, as we like to call it, Haddock and hand cut fries are on the menu for Friday.

**Saturday for us means BBQ** - Low and Slow is how we prepare our BBQ. Smoked with Hickory and marinated in our special 13 secret spice rub to bring out the amazing flavors of the meat.

**Family Dining Sunday** - Get ready for real home cooking, this is the day we create dishes based on food we ate as kids.